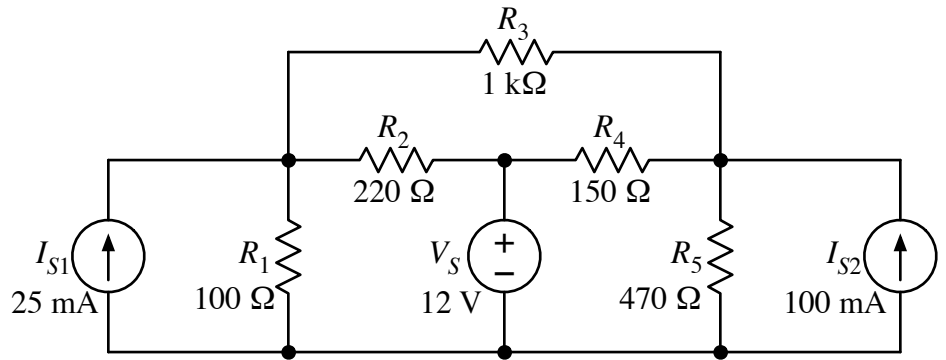Using the node-voltage method, calculate the power delivered (or absorbed) in each source in the circuit.

P_{VS} = _____ (delivered / absorbed)

P_{IS1} = _____ (delivered / absorbed)

P_{IS2} = _____ (delivered / absorbed)